



Waiver of liability/Informed consent form

I, the parent or legal guardian of _____, have hereby enrolled my child in a program of strenuous physical activity. I hereby affirm that my child is physically conditioned and does not suffer from any ailment and/or disability, which would prevent or limit participation in the conditioning training program.

In signing this document and in consideration of my child's participation in **DMC Athletics and Rehabilitation** training program, I, _____, on behalf of my child, hereby release indemnity and hold harmless **DMC Athletics and Rehabilitation**, from any and all claims, demands, and causes of action arising from my child's participation in its conditioning program.

I fully understand that my child may injure him or herself as a result of participation in **DMC Athletics and Rehabilitation** training program and I, _____, hereby release indemnity and hold harmless, **DMC Athletics and Rehabilitation** from any and all liability now or in the future including, but not limited to, ligament sprains, muscle strains, pull or tears, broken bones, soreness and/or injury, and any other illness however caused, occurring during, or after my child's participation in its conditioning training program.

I hereby consent and affirm that I have read and fully understand the above.

Signature

Date